

**Recipe Name: Southwestern Salad**  
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Recipe Categories: Soups & Salads

**Ingredients:**

- Chicken
- Romaine Hearts
- Avocado
- Black Beans
- Ear of Corn
- Cherry Tomatoes
- Seasoning for the chicken
- Shredded Sharp Cheddar
- Chicken Seasoning
- Dressing of your choice
- Tortilla chips or strips

For the Side of fresh Pico:

- Roma Tomatoes
- Jalapenos
- White Onion
- Bundle of Cilantro
- Garlic Salt
- Virgin Olive Oil

**Directions:**

For Pico:

Dice tomatoes, jalapenos and the onion proportionately. Add small amount of olive oil to mix the flavors and garlic salt to taste.

For the Salad:

Grill chicken after seasoning (chop to bite size once cooked) Chop up Romaine Hearts, tomatoes, avocado, black beans and corn.

Serve salad cold with warm chicken- your choice to add the pico on top or on the side with chips